

BRYN ATHYN COLLEGE COVID-19 MENTAL HEALTH RESOURCE GUIDE

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Dr Allie Abraham	267-502-6070 (non emergent)	Allie.abraham@brynathyn.edu
Kevin Roth, LMFT, CADC	215-990-4951 (non emergent)	khroth@aol.com
Health Center message line	267-502-6070 (non emergent)	Scott.jones@brynathyn.edu

MONTGOMERY COUNTY, PENNSYLVANIA

After hours hotline 24 hours a day, 7 days a week crisis support service hotline	Montgomery County ACCESS Mobile Crisis Support 1-855-634-HOPE (1-855-634-4673)
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PENNSYLVANIA MENTAL HEALTH RESOURCES

National Alliance on Mental Illness- South eastern, pa	https://namimainlinepa.org/info-resources/how-to-get-services/
National Alliance on Mental Illness- Central and Western pa (NAMI KEYSTONE)	https://www.namikeystonepa.org/support/mental-health-resources/

UNITED STATES METAL HEALTH RESOURCES

911	911 for immediate emergencies
Disaster Distress Helpline	call 1-800-985-5990 text TalkWithUs to 66746 TTY 1-800-846-8517
National Suicide Prevention Hotline	1-800-273-8255
National Domestic Violence Hotline	call 1-800-799-7233 TTY 1-800-787-3224
JED Foundation	jedfoundation.org/mental-healthresource-center Text "START" to 741-741 or call 1-800-273-TALK (8255)
National Alliance on Mental Illness	Help Line 800-950-6264

CANADIAN MENTAL HEALTH RESOURCES

Crisis Services Canada (CSPS)	1-833-456-4566	https://www.crisisservicescanada.ca/en/ (crisis services listings by province)
Canadian Governmental Services Web page	-	https://www.canada.ca/en/public-health/services/suicide-prevention/warning-signs.html